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CC:	
Date:	Wed, 2/20/2013 5:28:31 PM
Subject:	Debbie Ford, Eckhart Tolle, & Wayne Dyer on Oprah.com's Spiritual Channel Podcast

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Free Resource - February 20th, 2012

Free Resource of the Day

Oprah.com's Spiritual Channel Podcast

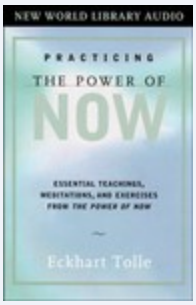
Self-help author Debbie Ford passed away this week at the age of 57 after a long battle with cancer. She had recently co-authored the bestselling book *The Shadow Effect: Illuminating the Hidden Power of Your True Self* along with Deepak Chopra and Marianne Williamson. You can listen to some of the spiritual wisdom she passed on through **Oprah.com's Spiritual Channel Podcast**. In the latest episodes from 2010, Debbie Ford leads listeners on six guided visualizations to explore the shadow side of key elements in our lives, including our bodies, our relationships, our money, and our careers.

Also on this podcast if you go all they way down to June 9, 2008 you'll come across two podcasts that Oprah recorded with Wayne Dyer about Taoism and the *Tao Te Ching*. And you'll also find hour-long Oprah interviews with spiritual teachers such as Elizabeth Lesser, Jon Kabat-Zinn, Larry Dossey, Byron Katie, and many other teachers and bestselling authors in the field of spiritual growth.

And on the very bottom of the podcast feed you'll find a ten week series of Oprah Winfrey and Eckhart Tolle teaching an online class covering Tolle's book *A New Earth*. These classes were webcasted on Oprah.com and they're still offered as a free podcast on both audio & video. Oprah and Tolle discuss the book and field questions from viewers through the internet call service Skype.

Oprah.com's Spiritual Channel Podcast

Deal of the Day



Get *Practicing the Power of Now: Teachings, Meditations, and Exercises from the Power of Now* by Eckhart Tolle for only $13.95.

Practicing the Power of Now

All you really need to do is accept the moment fully. You are then at ease in the here and now and at ease with yourself.

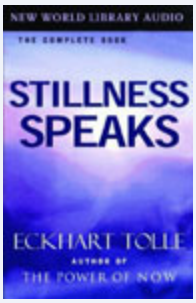
Throughout the spiritual classic The Power of Now are specific practices and clear keys that show us how to discover for ourselves the 'grace, ease, and lightness' that comes when we simply quiet our thoughts and see the world before us in the present moment.

Practicing the Power of Now is a carefully arranged series of excerpts from the The Power of Now that directly gives us those exercises and keys. Return to those words, reflect on the words, reflect even on the space between the words and - maybe over time, maybe immediately - you'll discover something of life-changing significance.

Listen to a free sample of: Practicing the Power of Now

Eckhart Tolle Audio Downloads

Featured Section



Eckhart Tolle Audio Downloads

Biography
Eckhart Tolle has become quite visible as one of the most gifted and inspiring spiritual teachers of the early 21st century. Born in Germany, Tolle spent the first 13 years of his life there and then left for England, graduating from the University of London. After graduation, while working as a research scholar, Tolle experienced a profound spiritual transformation. This was such an intense experience that Tolle claims the man he once was is nearly unrecognizable to himself today.

In the following years, Tolle devoted his life to a rigorous inward journey. This led to work with individuals and small groups as a counselor and eventually to the spiritual teacher he is today. Tolle's simple yet profound teachings have helped thousands of people find an inner sense of peace and greater fulfillment in their lives. What Eckhart Tolle hopes his teachings will accomplish is a spiritual awakening on a global scale. Tolle resides in Vancouver and is currently working on a new book.

We Recommend
The place to begin with Eckhart Tolle is definitely by listening to "The Power Of Now" which he narrates. Tolle asks you to leave your analytical mind and with it, the ego, at the door. Underlying everything and in between words is a stillness and peace that can only be attained in the present moment. This is the first place to learn about Tolle's philosophy and it has grown steadily in its popularity since first publications.

Next up is "Stillness Speaks"; here Eckhart shows you how to be with another in a relationship that can contain and weather all things, how to sit with a dying person, where to find wisdom, and how to free yourself from guilt.

Finally there's "Even The Sun Will Die", an interview conducted on September 11th. As the days events unfold in real time, Tolle responds with a calm and clear voice that makes sense of the chaos that will forever define 9/11. If you are feeling bombarded by a chaotic world of uncontrolled emotions and feelings, Eckhart Tolle can offer solutions and lead you to a peace you never thought possible.

LearnOutLoud.com is the best gateway for Tolle's audio programs to help you find the power of now.

Eckhart Tolle Audio Downloads

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